Preparation for Scientists Sailing on the **JOIDES Resolution**

**Items strictly prohibited on the ship**

| Do NOT bring the following items on board the **JOIDES Resolution** as they are strictly prohibited and may result in legal penalties and the seizure of the ship. | • Firearms  
• Alcohol  
• Illegal drugs |

**Items available on the ship**

| Safety glasses, hard hats, work gloves  
Hearing protection (when necessary)  
Bed linens and pillows  
Towels, soap and toilet paper  
Daily laundry service  
Limited cold-weather gear  
Paperback books, games  
Movies and TV series  
Four meals a days  
Soft drinks, coffee, Lipton black/green tea | Prescription safety glasses  
Coveralls, rain gear  
Work clothes, work boots  
Shampoo, deodorant, toothpaste, toothbrush  
Shaving products, feminine hygiene products  
Batteries  
Sunscreen, sunglasses  
Free telephone service  
Candy, chocolate, snacks  
Good coffee and herbal tea |

**Items not available on the ship**

**GENERAL INFORMATION**

**Travel info**

Travel dates, ports, and hotels are provided at [iodp.tamu.edu/travel/portcall.html](http://iodp.tamu.edu/travel/portcall.html).

**Visas**

Business visas are not required. You are responsible for having the correct tourist or transit visas. Requirements may differ if arriving/departing by ship vs. airplane so check with appropriate consulate or embassy.

**Personal travel time**

If your trip includes personal travel time before or after the cruise, you may require more time on your visa or a different visa altogether: **CHECK!!!** Otherwise you may have to deal with a long delay at customs at the end of the expedition.

**Money**

United States currency (cash) for payments or purchases made onboard (excess e-mail charges, telephone cards, shirts, mugs, etc.). Shipboard personnel cannot accept foreign currency or personal checks or credit cards.

**Dietary needs**

Special dietary requirements should be brought to the attention of the Staff Scientist as soon as possible prior to the expedition so that the catering crew can make proper arrangements.

**Shipboard schedule**

Scientists work 12 hours a day, 7 days a week, in 2 shifts. Shifts are assigned by the Staff Scientist. Cabins are double occupancy. Generally, scientists are not allowed in their cabin during their shift as their cabin mate may be sleeping. Meals are provided at 0600, 1200, 1800, and 2400. Door-to-door laundry service is provided daily. A gym, lounge, movie room, and computer user room are available 24 hours a day.

Packing recommendations follow on the next page. Some items, such as coffee, tea, snacks, and toiletries may be purchased at the port if there is time before sailing. If you have any questions, please contact your Staff Scientist.
## PACKING CHECKLIST

### Travel to/from the ship
- Passport, IODP identification card (for employees), and IODP travel information
- IODP letter stating you are joining the expedition (important for port security)
- Visa if needed (check with appropriate consulate or embassy; ship is of Liberian registry)

### For your cabin
- Shampoo, deodorant, toothpaste, toothbrush, lotion, tissues
- Vitamins or other dietary supplements
- Prescription medication and associated paperwork as some medication is illegal in other countries
- Shaving products, feminine hygiene products
- Hair dryer, adapter, etc. (120 V power, US standard outlets)
- Alarm clock or watch/phone with an alarm
- Small flashlight for cabin
- Extra batteries for all battery-powered equipment (including hearing aids)

### For your work area
- Backpack for carrying personal items when not in your cabin (during your work shift)
- An extra pair of prescription glasses is recommended
- If you require prescription safety glasses you must provide them yourself
- Sunglasses, sunscreen, and lip balm
- Sweater or jacket as indoor lab areas can be cold
- Camera and manual
- Large external drive (1 Tb) for backup of data, photos, and reports
- Steel-toed boots for scientists expected to work on the rig floor
- Sturdy, close-toed shoes are required to access many areas of the ship (e.g., catwalk)
- Old/tough clothes as you will probably get dirty. Ship’s laundry can be harsh on clothing.
- Other work in case there are slow periods

### For the gym if you like to work out
- Towel (can also be used for sunbathing)
- Workout clothes and shoes
- Workout DVDs, iPods, iPhones, mpeg players
- Water bottle

### Items to make the trip more enjoyable
- Telephone cards (any card that can be used from a US location; also available for sale on the ship)
- Movies, music, books
- Candy, chocolate, dry fruit, nuts, salty snacks
- Coffee (most labs have cappuccino machines and bean grinders), herbal tea
- Mugs with lids are highly recommended for the lab areas
- Noise-canceling headphones are recommended as some parts of the ship can be very noisy
- Plain T-shirts for expedition logo
- Musical instruments, games
- IODP mugs/t-shirts/jackets can be bought onboard (iodp.tamu.edu/participants/merchandise.html)