

Packing Checklist for Scientists

Sailing on the *JOIDES Resolution*

Items strictly prohibited on the ship	
<p>Do NOT bring the following items on board the <i>JOIDES Resolution</i> as they are strictly prohibited and may result in legal penalties and the seizure of the ship.</p>	<ul style="list-style-type: none"> Firearms Alcohol Illegal drugs

Items available on the ship	Items not available on the ship
Safety glasses, hard hats, work gloves Hearing protection (when necessary) Bed linens and pillows Towels, soap and toilet paper Daily laundry service Limited cold-weather gear Paperback books, games Movies and TV series Four meals a days Soft drinks, coffee, Lipton black/green tea	Prescription safety glasses Coveralls, rain gear Work clothes, work boots Shampoo, deodorant, toothpaste, toothbrush Shaving products, feminine hygiene products Batteries Sunscreen, sunglasses Free telephone service Candy, chocolate, snacks Good coffee and herbal tea

GENERAL INFORMATION

Shipboard schedule	Scientists work 12 hours a day, 7 days a week, in 2 shifts. Shifts will be assigned by the Staff Scientist. Most cabins are double occupancy. Generally, scientists are not allowed in their cabin during their shift as their cabin mate may be sleeping. Meals are provided at 0500-0700, 1100-1300, 1700-1900, and 2300-0100. Door-to-door laundry service is provided daily. A gym, lounge, movie room, and computer user room are available 24 hours a day.
Meals	Several options are provided at each meal, including vegetarian meals. Strict dietary requirements should be brought to the attention of the Staff Scientist as soon as possible <u>prior</u> to the expedition so that the catering crew can make arrangements.
Money	United States currency (cash) is required for payments or purchases made onboard (telephone cards, shirts, mugs, etc.). IODP staff will not accept foreign currency or personal checks or credit cards.
Port call	Some items, such as coffee, tea, snacks, and toiletries may be purchased at the port. Scientists will be given time off before sailing to take care of this.

PACKING CHECKLIST

Travel to and from the ship

- Passport, IODP travel information, IODP identification card (for employees)
- IODP “good guy” letter stating you are joining the expedition (IODP will provide)
- Visa if needed (check with appropriate consulate or embassy; ship is of Cyprus registry)

For your cabin

- Shampoo, deodorant, toothpaste, toothbrush, lotion, tissues (limited quantities available on board)
- Vitamins or other dietary supplements
- Prescription medication and associated paperwork as some medication is illegal in other countries
- Shaving products, feminine hygiene products
- Hair dryer, adapter, etc. (ship uses 120 V power and US standard outlets)
- Alarm clock or watch/phone with an alarm
- Small flashlight for cabin
- Extra batteries for all battery-powered equipment (including hearing aids)

For your work area

- Backpack for carrying personal items when not in your cabin (during your work shift)
- An extra pair of prescription glasses is recommended
- If you require prescription safety glasses you must provide them yourself
- Sunglasses, sunscreen, and lip balm
- Sweater or jacket as indoor lab areas can be cold
- Camera
- Large external drive for backup of data, photos, and reports (1 Tb recommended)
- Steel-toed boots for scientists who expect to work on the rig floor
- Sturdy, close-toed shoes are required in the labs and core receiving area
- Do not bring delicate clothing as ship’s laundry can be harsh on clothes.
- Other work in case there are slow periods

For the gym if you like to work out

- Towel (can also be used for sunbathing)
- Workout clothes and shoes
- Workout DVDs, iPods, iPhones, etc.
- Water bottle

Items to make the trip more enjoyable

- Telephone cards (any card that can be used from a US location; also available for sale on the ship*)
- Movies, music, books/e-books (several movies and books available on board)
- Candy, chocolate, dry fruit, nuts, salty snacks
- Coffee (most labs have cappuccino machines and bean grinders), herbal tea
- Mugs with lids are highly recommended for the lab areas
- Noise-canceling headphones are recommended as some parts of the ship can be very noisy
- Plain T-shirt for expedition logo (light or dark colors work)
- Musical instruments, games
- IODP mugs/t-shirts/jackets can be bought onboard* (iodp.tamu.edu/participants/merchandise.html)

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